





	<p>European Championships Barletta, Italy March 2010</p> <p>Well done to Ely students who went out to represent Wales in the European Championships. Victoria Phillips III, Jenna Wakely II, Lanny James II, Tom Harris II, Conah Prosser II, Gareth Francis I and Ryan Davies I - and great work by Gareth Francis who took silver in the senior male -64kg sparring and Tom Harris who took bronze in the senior -57kg sparring Photos - Others</p>
	<p>Grand Prix VII stage I - Sunday 21st February 2010 - Eastern Leisure Centre,</p> <p>Well done to the 7 students who entered this event representing Ely, it may have only been a small number but their standards were high as ever with 8 gold, 2 silver and bronze won between them and all three groups are currently led by Ely students after stage I - lets keep it up all year! Thanks also to all the black belts who turned up to officiate. Rankings - ITF Wales photos & Other photos.</p>
	<p>Awards Night</p> <p>Congratulations to Dai Morgan I - Senior Student of the Year, Thomas Jenkins Junior Student of the year, Conah Prosser II ITF Wales 13-17 Master Shield winner and Leighton Prosser ITF Wales Senior Masters Shield winner & UKTA Veteran competitor of the year. Photos</p>
	<p>Happy New Year</p> <p>Welcome to 2010 and just so you know class re starts on Wednesday 6th January 18:00-20:00</p>
	<p>Congratulations</p> <p>Ely school would like to send our congratulations to Leighton Prosser on winning the UKTA overall veteran of 2009 for the best competition record throughout all the national championships.</p>
	<p>ITF Wales AGM</p> <p>This years AGM is on Monday 14th December at 18:30. It will be at Llanedeyrn High school. All black belts are eligible to attend an e-mail will be sent out with the agenda and relevant details this week.</p>
	<p>ITF Wales Award night</p> <p>This is on January 15th 19:00 at Fairwater Con club, tickets available soon through the school secretary £4 per ticket or £10 for a family ticket (4 or more from same household).</p>