



press@elytkd.co.uk

Senior Master John Taylor VIII



School News

Nadolig Llawn a Blwyddyn Newydd Dda!

Ely School of Taekwon-Do



Welcome to the Ely newsletter and let us start by saying that as the year draws to its end we can reflect on yet another very successful year for Ely, UKTA overall school, English and Welsh champions, top 7 finish in all other tournaments, 3 Grand Prix overalls, five school members selected for the Welsh team for the Four Nations challenge and last but not least 2 bronze and a silver Euro and a bronze world medal won this year - well done to the whole school for their hard work and dedication - once again you have shown yourself to be the standard setters for not only Wales but the whole of the UK. The school wishes all the students and their families a very Merry Christmas and Happy New Year and look forward to seeing you all back in the New Year.

Volume 4, Issue IV
17th December 2008

Schools closes 20/12/08

School opens 07/01/09

Competitions

| | |
|---------------|-----|
| UKTA School | 1st |
| UK Open | 2nd |
| Welsh Open | 1st |
| London Open | 5th |
| Scottish Open | 4th |
| English Open | 1st |
| Irish Open | 7th |

Fund Raising

Thanks again to Miss Sharon Matthews hard work Ely school had some more fund raising events this and this has led to every school member receiving a free School T shirt.



Europeans

5 senior and 3 junior Welsh team members were selected to go to Croatia Tom Harris I and Conah Prosser I both returned with bronze pattern medals whilst Lauren Robson I won a silver in sparring.

Junior and Vet Worlds

Ely school had 3 juniors selected for Wales to travel to Uzbekistan - all performed well and gained valuable experience and Lauren Robson topped off the trip by winning a bronze in sparring.

English Open

16 Ely students travelled to Crawley this year and won 16 gold, 6 silver and 9 bronze between them and retained the overall school trophy.

Scottish Open

9 Ely students made the long

trip up to Scotland this year and with some great performances won 9 gold, 5 silver and 2 bronze leaving them in 4th place at the end of the day.

London Open

8 Ely students crossed the Severn this year to compete in the London Open, taking 6 gold, 3 silver and 4 bronze and finishing 4th on the day.

Welsh Open

21 Ely students entered the Welsh this year and it was a great day for them all, 16 gold, 7 silver, 10 bronze and an overall by Conah Prosser leaving the school on 75 points and overall winners for the third year in a row.

UK Open

15 Ely students travelled up to Stoke for the UK Open as defending champions and put in a good performance be-

tween them all 10 gold, 8 silver, 7 bronze and an overall by Conah Prosser meant 56 points at the end of the day but only second place this year - still no small achievement.

Irish Open

Only 3 travelled to Ireland this year but they were extremely successful, Tom Harris bronze & gold, Conah Prosser gold & bronze and Lanny James silver & silver.

Grand Prix

Grand Prix VI has seen Ely keep up its high standards and saw no less than 10 students finish in the top 10 of each of the three divisions with Lewis Brooks picking up 3rd place in the u13, Sarah Jones winning and Amy Jones coming third in the 13-17 division - well done to everyone.



Four Nations & UKTA Awards



Three students from the school were shortlisted this year for UKTA annual overall awards, in the 13-17 division Lanny James I and Conah Prosser I were both short listed for best competitors and in the veteran

division Leighton Prosser was also nominated with Conah Prosser winning the teen award.

In the Four Nations itself, Luke Wakely III, Neville Thompson II, Wayne Brooks, I, Tom Harris I and

Conah Prosser I all competed and Wales finished joint third on the night after a close draw in patterns and losing to England in sparring. We look forward to next years Four Nations which will be in Ireland.

Squad Training

* National Squad Training, the next sessions are to be announced. All black belts welcome and colour belts by invite only.



VIII Junior & III Veteran Worlds - Uzbekistan



London Open ↑



Grand Prix VI - stage I, II and III - Ely School →



XXIII Senior & XIV Junior Europeans - Croatia



UKTA Overall School 2008



UKTA Overall School Cup

This year Ely have retained the trophy to be crowned UKTA best school for 2008.

| | |
|------------|-----|
| Ely | 239 |
| RTA Didcot | 163 |
| Fairwater | 133 |
| Torbay | 103 |
| Wishaw | 92 |



Irish Open ↑ THE best gold medal

- UK Open runners up 2008
- Welsh Champions 2008
- English Champions 2008
- Scottish 4th place 2008
- London 5th place 2008
- Irish 7th place 2008

Medal total 2008 :
 8 79 51 69



Senior Master John Taylor VIII 30th anniversary as a black belt.

Congratulations to the following for representing the school in the events so far this year:

Luke Wakely III, Jenna Wakely II, Neville Thompson II, Victoria Phillips II, Cassie Lund I, Wayne Brooks I, Dave Lund I, Tom Harris I, Lauren Robson I, Gareth Francis I, Conah Prosser I, Lanny James, Ryan Davis I, Ben Hull, Ethan Davis, Kieron Barry, Sarah Jones, Daniel Neale, Leighton Prosser, Jamie Dare, Jade Cronick, Lewis Brooks, Demi Brooks, Amy Jones, Joseph Powell, Daniel Jenkins, Thomas Jenkins, Sam Walsh, Jake Ward and Kyle Jones, Hannah Donovan, Adam Donovan, Brandon Brooks and Liam Vallance - between them attending the VIII Junior and III Veteran World Championships, XXIII Senior & XIV Junior European Championships, the Four Nations Challenge, the Scottish Open, the Welsh Open, The English Open, the UK Open, the Irish Open and Grand Prix stage I II & III.

Calendar of Events 2008/2009 :

December 20th Saturday - Last class for 2008

January 7th Saturday - First class of 2009

January 9th Friday 19:00 - ITF Wales Awards Night, RAFA Club Ely

February 1st Sunday - Grand Prix VII stage I

March 28th Saturday - UKTA Scottish Open, Inverness

April 26th Sunday - Grand Prix VII stage II

May 12-18th - European Championships, Zrece Slovenia

June 27th Saturday - English Open, K2 Crawley

September 26th Saturday - Welsh Open, NIAC, UWIC, Cyncoed

October 12-19th - Senior World Championships, St Petersburg Russia

November 7th Saturday - UK Open, Glasgow

Please check out the website for any events date changes or additions as more news become available.

ITF Wales Awards Night
Friday 9th January
RAFA Club, Ely, CF5 5AS

Tickets £3
 Family £10



Western Leisure Centre
 Caerau Lane
 Ely
 Cardiff CF5 5HF
 Wednesday 18:00-19:00
 Saturday 10:00-12:00

Congratulations to Ryan Davis - Ely Schools



메리 크리스마스 잘 지내고 새해 복 많이 받으세요

Ely School of Taekwon-Do newsletter 26th November 2008 vol4 issue 3

School Venue

As of Wednesday December 3rd 18:00 the school will return to Western Leisure Centre. Days and timings will remain the same Wednesday 18:00-20:00 and Saturday 10:00-12:00.

Chinese meal night out

Can everyone who has put their name down for this please let Sue have the money (£20) asap as it needs to be paid for since there are less than three weeks to go now.

Holiday closing dates

The last class for the school this year is Saturday 20th December 2008 and will recommence on Wednesday 7th January 2009.

School Fees

Fees for the month of December will be £25 due to the school closing end of December and beginning of January. Due to the move into Western Leisure and the increased costs of the hall fees will change to the following as of

January 2009: Train twice a week £36
Train once a week £25
Pay per session £10

This new fee will incorporate entrance to the leisure centre which is 45p per person (so you will not need to pay on each visit as it will have already been paid by the school.)

Licence Fee

Due to a change in UKTA rules starting in January 2009 all students now have to be licensed at the start of the year so can all students ensure their licence fee of £35 is in by the third week of the month at the latest so that you can all be registered in time.

Tracksuits

The school tracksuit should hopefully be available some time in the New Year – more news to follow once the details are finalised.

Details

Can all students/parents please fill out the form below and return it to the Mrs Phillips asap. This is to bring her records for everyone up to date so that people can be contacted in the event of an emergency or if there is a class cancellation et cetera. Even if you have already given details giving them again will ensure they are correct and up-to-date.

| | Name | Date of Birth | Any medical condition to be aware of |
|----------------------------|------|---------------|--------------------------------------|
| Family member who trains 1 | | | |
| Family member who trains 2 | | | |
| Family member who trains 3 | | | |
| Family member who trains 4 | | | |
| Family member who trains 5 | | | |

| | |
|----------------------|--|
| Address | |
| Phone Home Mobile | |
| E-mail | |

Ely newsletter update January 2008

Class format

As you will all be aware the School recently split junior and senior class so that both groups would get a class configured for their needs and level to improve standards. Unfortunately due to a lot commitments in other activities especially during weekends this will lead to a hold up for a number of youngsters later in the year when it comes round to gradings as they will not be able to build up the required training time if their classes are halved so from Wednesday 23rd January the school will revert back to one combined class so anyone wishing to train for the full two hours can. The second hour will still be run as senior class and anyone staying on will be expected to work to that level, anyone not doing so or messing around will be sat out until their parent or guardian comes to collect them.

End of class

Can all students ensure that once class has finished that they stay inside the building until their parent or guardian comes to collect them. There is a lot of traffic outside at class end and in the dark it easy for accidents to happen so for safety reasons please stay inside until collected.

National Squad Training

The first squad training session of 2008 is on Sunday January 20th 10:30-12:30 at Eastern Leisure Centre.

Grand Prix VI stage I

The first Grand Prix of this year is Sunday 24th February at Eastern Leisure Centre.

Anyone wishing to compete needs to let the school secretary know as forms must be submitted by the 10th February at the latest. Entry is £15 and spectators have free entry.

UKTA English Open

This competition will take place on Saturday 15th March at the K2 Leisure Centre, Crawley. Anyone wishing to compete needs to see the school secretary for an entry form, latest submission date is March 1st, cost is £20 and spectators are free.

Training request

| | | | | |
|-----------------|-----------|---------|--------|---------|
| I wish to train | Wednesday | 0 hours | 1 hour | 2 hours |
| | Saturday | 0 hours | 1 hour | 2 hours |

| | | |
|-----------------|---|------|
| Name of Student | Signature (Parent/Guardian if under 18) | Date |
|-----------------|---|------|

.....2008

Please return this slip to Mrs Sue Phillips, the school secretary (signed) ASAP

ITF Wales umpire course

On Sunday February 10th 09:00-16:00 there will be an umpires course held for all black belts and adult black tags. The course will be run by Senior Master Prewett VIII and cover all relevant points of officiating and judging for competitions and will qualify you to officiate in all ITF Wales competitions once completed. The course will be held at MAFC, 135 Chepstow Road, Maindee, Newport and cost will be £30 per delegate.

Regional Seminar

The next colour belt seminar will be Sunday 17th February at the Heath Hospital, all colour belts are urged to attend to ensure they are up to date with seminars, if you have not attended one in the year you will not be eligible to grade during the coming year. If you wish to attend this one please give in your name to the school secretary.

Proposed skittles night

The school fund raising committee are proposing a skittles night for seniors and parents in February could anyone who is interested in going please inform the school secretary Mrs Sue Phillips or the Miss Sharon Matthews of the fund raising committee so numbers can be worked out and a date arranged.

School sponsorship

If anyone knows of any business who may wish to become associated with Ely School in some form of sponsorship could they contact Miss Sharon Matthews with the details, as the school grows and endeavours to improve its already high standards it will need more support and we are trying to find a suitable partnership.

Senior Master John Taylor VIII

19/01/2008

Latest news January 30th 2008

Training fees

The new fees for 2008 are as follows £32 per month or £20 for a half month. For any further details please contact the school secretary Mrs Sue Phillips.

Skittles night

Anyone wishing to support the skittles evening on Saturday 16th February 18:00 at the Ty Pwll Coch, Cowbridge Road can you please let either the school secretary Mrs Sue Phillips or Miss Sharon Matthews know so they can finalise details.

Bag Packing.

There has been another fund raiser bag packing event booked at Asda for Saturday April 12th 13:30-17:00. Please can you let Miss Sharon Matthews know if you can attend so she work out numbers to calculate teams and breaks and transport to and from the venue. Hopefully it will be an even bigger success than last time.