



End of Year Awards Presentation - Thursday 30th November

A great party with a big turn out - well done to the Conah, Ben, Gareth and Daniel winners of overalls from the Grand Prix.



British Open 2006 - Saturday 18th November - Ponds Forge Sheffield

7 gold, 3 silver, 9 bronze - not bad :) Well done to us all.



Irish National Open - Saturday 11th November, UCD Belfield

1 gold, 1 silver and 4 bronze between the 4 of us so not bad and well done to Fairwater for 3 gold, 3 silver and 2 bronze from the five of them - not bad for Wales. But lets not forget "Gorgeous" Conah's fan club who made us all feel very welcome and pointed out how Gorrgrgeooooouuuuuussss" Conah is! And quiet old nice me set a new record for us of 4 yellow cards for sparring :(



Grand Prix III - Sunday 5th November, Eastern Leisure

12 gold, 7 silver and 8 bronze - well done to everyone from the school - not a lot more I can say - I got gold in sparring though... lucky really haha



English Open - Saturday 23rd September - K2 Crawley

Wahoooooooooooo me I broke my jinx and won a medal in the English patterns, picking up a bronze against Con in the semi because I biffed up my pattern - oops.



London Open - Sunday 16th July - Loddon Valley Leisure Reading

Good day out for Ely, Fairwater and Cardiff Uni guys. Actually beat Conah in patterns at last - go me! Also met Carlos' Mum. Overall we took 4 gold 3 silver 3 bronze and an overall.



Welsh Open - Saturday 27th May - WIS Cardiff

This ears Welsh was a great laugh with 23 of us entering and having guests from Ireland and Slovenia



Grand Prix 2006 stage II - Sunday 7th May - Eastern Leisure Centre

The second stage and weren't the little ones good - 8 gold, 4 silver and 9 bronze between us.



Scottish Open 2006 - Saturday 18th March - Gorbals Sports Centre Glasgow

12 gold, 4 silver, 2 bronze and an overall - not bad :) Well