

**Requirements**

- **Eui-Am Tul**
- **Choong-Jang Tul**
- **Juche Tul**
- Foot Sparring BAL MATSOGI
- Free Sparring JAYU MATSOGI
- *Power:*  
*Flying Reverse Turning Kick TWIMYO BANDAE DOLLYO CHAGI*  
*Hand Techniques GONG GYOKGI*

English - Korean	
<b>Attacking Techniques</b>	
Back Fist Front Strike	Dung Joomuk Ap Taerigi
Back Fist High Side front Strike	Dung Joomuk Nopunde Yobap Taerigi
Turning Punch	Dollyo Jirugi
Crescent Punch	Bandal Jirugi
Double Finger High Thrust	Doo Songarak Nopunde Tulgi
Back Hand Downward Strike	Sondung Naeryo Taerigi
Twin Knife Hand Horizontal Strike	Sang Sonkal Soopyong Taerigi
Arc Hand High Strike	Bandal Son Nopunde Taerigi
Twin Fore-knuckle High Crescent Punch	Sang Inji Joomuk Nopunde bandal Jirugi
Open Fist High Punch	Pyon Joomuk Nopunde Jirugi
Back Fist Downward Strike	Dung Joomuk Naeryo Taerigi
Reverse Hooking Kick	Bandae Dollyo Goro-chagi
Hooking Kick	Golcho Chagi
Outward Fingertip Cross-cut	Sonkut Bakuro Ghutgi
High Elbow Strike	Nopun Palkup Taerigi
Knife Hand Mid-Air Strike	Sonkal Twio Dolmyo Taerigi
Pick Shape Kick	Gokaeng-i Chagi
Back Fist Horizontal Strike	Dung Joomuk Soopyong Taerigi
Dodging Reverse Turning Kick	Pihamyong Bandae Dollyo Chagi
Two Direction Kick	Sangbang Chagi
<b>Defending Techniques</b>	
X-Fist Downward Block	Kyocha Joomuk Naeryo Makgi
Knife-Hand Wedging Block	Sonkal Hechyo Makgi
Reverse Knife-hand Circular Block	Sonkal Dung Dollimyo Makgi
Alternate Palm Downward Block	Euhkallin Sondung Naeryo Makgi
Knife-Hand low Inward Block	Sonkal Najunde Anuro Makgi
Twin Palm Pressing Block	Sang Sonbadak Noollo Makgi
Inner Forearm Parallel Block	An Palmok Narani Makgi
Outer Forearm Parallel Block	Bakat Palmok Narani Makgi
Twin Palm Rising Block	Sang Sonbadak Chookyo Makgi
<b>Stances</b>	
Diagonal Stance	Sasun Sogi

**EUI-AM Tul (45 Movements):** EUI- AM is the pseudonym of Son Byong Hi, leader of the Korean independence movement on March 1, 1919. The 45 movements refer to his age when he changed the name of Dong Hak (Oriental culture) to Chondo Kyo

(Heavenly way religion) in 1905. The diagram represents his Indomitable Spirit, displayed while dedicating himself to the prosperity of his nation.

**CHOONG-JANG Tul (52 Movements):** CHOONG-JANG is the pseudonym given to General Kim Duk Ryang who lived during the Lee Dynasty, 14th century. This pattern ends with a left-hand attack to symbolize the tragedy of his death at 27 in prison before he was able to reach full maturity.

**JUCHE Tul (45 Movements):** JUCHE is a philosophical idea that man is the master of everything and decides everything. In other words, the idea that man is the master of the world and his own destiny. It is said that this idea was rooted in Baekdu Mountain which symbolizes the spirit of the Korean people. The diagram represents Baekdu Mountain.